POST-TREATMENT INFORMATION AND INSTRUCTIONS

Please read the following and keep it for reference for your post-treatment care.

If you experience any significant discomfort or side effect as a result of treatment, you should notify the clinic immediately.

THREADS (PDO Monofilament Threads and HIKO Threads)

Post-Treatment Instructions

- Gently wash the treated areas on the same day but do not rub or massage the face for 2 weeks.
- Allow the dressings (if any) to fall off themselves (will take 24-48hrs)
- Topical skin care and sunscreen can be restarted the next day
- Avoid direct sunlight & tanning machines
- Patient must finish course of antibiotics if prescribed as part of the treatment protocol.
- Avoid alcohol, anti-inflammatory or anti-coagulant medicines (aspirin, unless prescribed for medical indications) for 2 days.
- Avoid having Radio Frequency (like Thermage) or High Intensity Focussed Ultrasound (HIFU) or any other heat producing device (laser, IPL, etc) treatments of the thread treated areas for at least 3 months.
- Other procedures such as Botox, Dermal Fillers, Microneedling or PRP can be performed 2 weeks later.

Possible side effects and complications may include

- Swelling and bruising are common and will resolve over a week or so
- A stinging or "pulling" pain or discomfort or scratchy sensation is normal and will generally subside by 2 weeks. You may take Panadol 500 mg 1-2 tablets every 6 hours as directed.
- Possible complications may include Infection, foreign body reaction in epidermis (granuloma) and protrusion. These are all extremely rare.

CONTACT DETAILS

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