POST-TREATMENT INFORMATION AND INSTRUCTIONS

Please read the following and keep it for reference for common and uncommon side effects of the treatment and for post-treatment care.

If you experience any significant discomfort or side effect as a result of treatment, you should notify the clinic immediately.

LASER TREATMENTS (VASCULAR SKIN LESIONS / ACNE / HAIR REMOVAL)

Side effects

Common	**Uncommon**	**Rare or very rare**
Redness in treatment area, usually resolves within 1-2 days	Itching in the treatment area or allergic reaction to the topical anaesthetic (if any used)	Permanent discolouration from post-inflammatory hyperpigmentation
Swelling of treatment area, usually resolves in 3-5 days	Crusting, blistering or ulceration of the skin	Bleeding, infection or delayed healing
Vessels may disappear or darken and then resolve. This is normal	Acne is sometimes worse after an acne laser treatment. This will usually settle	Burns, scarring or altered skin sensation
If you have had cold sores in the lips (or in the treatment area), the treatment may provoke cold sores to develop. Prophylactic medication may be necessary	Brown marks in treatment area (post-inflammatory hyper-pigmentation) is more likely the darker the skin type. Usually resolves over 3-12 months.	Permanent discolouration from haemosiderin (breakdown product of haemoglobin in red blood cells) may occur if extensive bruising from vessel treatment

Post-Treatment Instructions

Keep the skin clean. The skin is intact but will be more sensitive to applied products.

Avoid excess sun exposure until the skin heals. Always apply sunscreen (on intact skin) after laser treatments as the skin will be more sensitive to UV exposure.

Swelling may be managed by keeping upright for the first few days and sleeping on a few pillows. Drink plenty of water but not to excess. Applying cool packs will assist discomfort and swelling reduction. Antihistamines may help reduce swelling.

Treated hair will fall out within a week or so. There is no need to pluck or wax after a laser hair treatment.

CONTACT DETAILS

Clinic Phone: 02 9683 5852
Clinic Email: info@cosmeticmd.com.au