

POST-TREATMENT INFORMATION AND INSTRUCTIONS

Please read the following and keep it for reference for common and uncommon side effects of the treatment and for post-treatment care.

If you experience any significant discomfort or side effect as a result of treatment, you should notify the clinic immediately.

LASER TREATMENTS (GYNAECOLOGY)

Side effects

Common	Uncommon	Rare or very rare
Redness of the genital skin, usually resolves within 1-7 days depending on the intensity of the treatment	Itching in the treatment area or allergic reaction to the topical anaesthetic	Permanent discolouration from post-inflammatory hyperpigmentation
Swelling of the genital skin, usually resolves in 3-10 days. The extent of swelling varies from person to person	Bleeding, crusting, blistering infection or delayed healing	Pain on intercourse after the laser treatment
Increased vaginal discharge may occur for 1-3 days	If you have had cold sores in the area, the treatment may provoke cold sores to develop. Prophylactic medication may be necessary	Burns, scarring or altered skin sensation

Post-Treatment Instructions

No special after care is required.

You should abstain from sexual intercourse for 3 days after the laser treatment.

You should also avoid situations where stress will be placed on the treated tissue. For example, you should avoid heavy lifting, straining, coughing or jumping for about 4 weeks.

CONTACT DETAILS

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